

**METRO-NASHVILLE PUBLIC SCHOOLS  
BREAKFAST MENU PREK-12  
SY 2020-2021**

MONDAY, MARCH 1	TUESDAY, MARCH 2	WEDNESDAY, MARCH 3	THURSDAY, MARCH 4	FRIDAY, MARCH 5	SATURDAY, MARCH 6	SUNDAY, MARCH 7
1 Breakfast Pizza 100% Fruit Juice Low-Fat/Fat-Free Milk	2 Chicken Biscuit 100% Fruit Juice Low-Fat/Fat-Free Milk	3 Beef Sausage & Pancake Sandwich 100% Fruit Juice Low-Fat/Fat-Free Milk	4 Turkey Sausage Biscuit 100% Fruit Juice Low-Fat/Fat-Free Milk	5 Breakfast Bun <b>PREK ONLY: Pancakes</b> 100% Fruit Juice Low-Fat/Fat-Free Milk	6 Cereal & Cheese Stick 100% Fruit Juice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/5</b>	7 Cereal & Cheese Stick 100% Fruit Juice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/5</b>
MONDAY, MARCH 8	TUESDAY, MARCH 9	WEDNESDAY, MARCH 10	THURSDAY, MARCH 11	FRIDAY, MARCH 12	SATURDAY, MARCH 13	SUNDAY, MARCH 14
8 Blueberry Cinnamon/Maple Cheddar Stick <b>PREK ONLY: Cinnamon Glazed French Toast</b> 100% Fruit Juice Low-Fat/Fat-Free Milk	9 Chicken Biscuit 100% Fruit Juice Low-Fat/Fat-Free Milk	10 Beef Chorizo Sunrise Stick 100% Fruit Juice Low-Fat/Fat-Free Milk	11 Turkey Sausage Biscuit 100% Fruit Juice Low-Fat/Fat-Free Milk	12 Mini Cinnis <b>PREK ONLY: Waffles</b> 100% Fruit Juice Low-Fat/Fat-Free Milk <b>HALF DAY FOR STUDENTS</b>	13 Cereal & Cheese Stick 100% Fruit Juice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/12</b>	14 Cereal & Cheese Stick 100% Fruit Juice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/12</b>
MONDAY, MARCH 15	TUESDAY, MARCH 16	WEDNESDAY, MARCH 17	THURSDAY, MARCH 18	FRIDAY, MARCH 19	SATURDAY, MARCH 20	SUNDAY, MARCH 21
SB 1 Mini Loaf & Yogurt 100% Fruit Juice Low-Fat/Fat-Free Milk	SB 2 Waffles/Pancakes 100% Fruit Juice Low-Fat/Fat-Free Milk <b>SERVED ON 3/15</b>	SB 3 Fruit Studel 100% Fruit Juice Low-Fat/Fat-Free Milk <b>SERVED ON 3/15</b>	SB 4 Cereal Bar & Yogurt 100% Fruit Juice Low-Fat/Fat-Free Milk <b>SERVED ON 3/17</b>	SB 5 Mini Cinnis 100% Fruit Juice Low-Fat/Fat-Free Milk <b>SERVED ON 3/17</b>	SB 6 Cereal & Cheese Stick 100% Fruit Juice Low-Fat/Fat-Free Milk <b>SERVED ON 3/17</b>	SB 7 Cereal & Cheese Stick 100% Fruit Juice Low-Fat/Fat-Free Milk <b>SERVED ON 3/17</b>
MONDAY, MARCH 22	TUESDAY, MARCH 23	WEDNESDAY, MARCH 24	THURSDAY, MARCH 25	FRIDAY, MARCH 26	SATURDAY, MARCH 27	SUNDAY, MARCH 28
1 Breakfast Pizza 100% Fruit Juice Low-Fat/Fat-Free Milk	2 Chicken Biscuit 100% Fruit Juice Low-Fat/Fat-Free Milk	3 Beef Sausage & Pancake Sandwich 100% Fruit Juice Low-Fat/Fat-Free Milk	4 Turkey Sausage Biscuit 100% Fruit Juice Low-Fat/Fat-Free Milk	5 Breakfast Bun <b>PREK ONLY: Pancakes</b> 100% Fruit Juice Low-Fat/Fat-Free Milk <b>SERVED ON 3/25</b>	6 Cereal & Cheese Stick 100% Fruit Juice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/25</b>	7 Cereal & Cheese Stick 100% Fruit Juice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/25</b>
MONDAY, MARCH 29	TUESDAY, MARCH 30	WEDNESDAY, MARCH 31				
8 Blueberry Cinnamon/Maple Cheddar Stick <b>PREK ONLY: Cinnamon Glazed French Toast</b> 100% Fruit Juice Low-Fat/Fat-Free Milk	9 Chicken Biscuit 100% Fruit Juice Low-Fat/Fat-Free Milk	10 Beef Chorizo Sunrise Stick 100% Fruit Juice Low-Fat/Fat-Free Milk				



**NUTRITION SERVICES**

**METRO-NASHVILLE PUBLIC SCHOOLS**  
**LUNCH MENU PREK-8**  
**SY 2020-2021**

MONDAY, MARCH 1	TUESDAY, MARCH 2	WEDNESDAY, MARCH 3	THURSDAY, MARCH 4	FRIDAY, MARCH 5	SATURDAY, MARCH 6	SUNDAY, MARCH 7
1 Flamebroiled Cheeseburger Potato Wedges Fruit Choice Low-Fat/Fat-Free Milk	2 Cheesy Lasagna Roll-Up w/ Breadstick Broccoli Fruit Choice Low-Fat/Fat-Free Milk	3 Soft Taco: Chicken or Beef Corn Fruit Choice Low-Fat/Fat-Free Milk	4 Fried Chicken w/ Roll Baked Beans Fruit Choice Low-Fat/Fat-Free Milk	5 Crispy Battered Fish Sandwich Green Beans Fruit Choice Low-Fat/Fat-Free Milk	6 Grilled Cheese Carrot Sticks Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk <b>SERVED ON 3/5</b>	7 Turkey/Turkey Ham & Cheese Hoagie Carrot Sticks Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk <b>SERVED ON 3/5</b>
MONDAY, MARCH 8	TUESDAY, MARCH 9	WEDNESDAY, MARCH 10	THURSDAY, MARCH 11	FRIDAY, MARCH 12	SATURDAY, MARCH 13	SUNDAY, MARCH 14
8 Turkey Hotdog <b>PREK ONLY: Chicken Bites/Tenders w/ Roll</b> Potato Wedges Fruit Choice Low-Fat/Fat-Free Milk	9 Teriyaki Beef/Glazed Chicken w/ Fried Rice Broccoli Fruit Choice Low-Fat/Fat-Free Milk	10 Wings w/ Texas Toast <b>PREK ONLY: Grilled Chicken/Turkey BBQ Sandwich</b> Corn Fruit Choice Low-Fat/Fat-Free Milk	11 Pepperjack Enchiladas Pinto Beans Fruit Choice Low-Fat/Fat-Free Milk	12 Rotisserie Chicken w/ Roll California Blend Vegetables Fruit Choice Low-Fat/Fat-Free Milk  <b>HALF DAY FOR STUDENTS</b>	13 Grilled Cheese Carrot Sticks Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/12</b>	14 PBJ, Cheese Stick, Graham Cracker Carrot Sticks Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/12</b>
MONDAY, MARCH 15	TUESDAY, MARCH 16	WEDNESDAY, MARCH 17	THURSDAY, MARCH 18	FRIDAY, MARCH 19	SATURDAY, MARCH 20	SUNDAY, MARCH 21
SB 1 Flamebroiled Cheeseburger Potato Wedges Fruit Choice Low-Fat/Fat-Free Milk	SB 2 Crispy Chicken Sandwich Broccoli Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/15</b>	SB 3 Soft Taco: Chicken or Beef Corn Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/15</b>	SB 4 Chicken Tenders/Bites w/ Roll Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/17</b>	SB 5 Meatball Sub Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/17</b>	SB 6 Grilled Cheese Carrot Sticks Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/17</b>	SB 7 Turkey/Turkey Ham & Cheese Hoagie Carrot Sticks Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/17</b>
MONDAY, MARCH 22	TUESDAY, MARCH 23	WEDNESDAY, MARCH 24	THURSDAY, MARCH 25	FRIDAY, MARCH 26	SATURDAY, MARCH 27	SUNDAY, MARCH 28
1 Flamebroiled Cheeseburger Potato Wedges Fruit Choice Low-Fat/Fat-Free Milk	2 Cheesy Lasagna Roll-Up w/ Breadstick Broccoli Fruit Choice Low-Fat/Fat-Free Milk	3 Soft Taco: Chicken or Beef Corn Fruit Choice Low-Fat/Fat-Free Milk	4 Fried Chicken w/ Roll Baked Beans Fruit Choice Low-Fat/Fat-Free Milk	5 Crispy Battered Fish Sandwich Green Beans Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/25</b>	6 Grilled Cheese Carrot Sticks Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/25</b>	7 Turkey/Turkey Ham & Cheese Hoagie Carrot Sticks Vegetable Juice Box Fruit Choice Low-Fat/Fat-Free Milk  <b>SERVED ON 3/25</b>
MONDAY, MARCH 29	TUESDAY, MARCH 30	WEDNESDAY, MARCH 31				
8 Turkey Hotdog <b>PREK ONLY: Chicken Bites/Tenders w/ Roll</b> Potato Wedges Fruit Choice Low-Fat/Fat-Free Milk	9 Teriyaki Beef/Glazed Chicken w/ Fried Rice Broccoli Fruit Choice Low-Fat/Fat-Free Milk	10 Wings w/ Texas Toast <b>PREK ONLY: Grilled Chicken/Turkey BBQ Sandwich</b> Corn Fruit Choice Low-Fat/Fat-Free Milk				