

EEP's COVID GUIDE FOR FAMILIES

What does a “positive screening” for COVID - 19 mean?

- ★ If your child shows signs of the following symptoms, it means they have had a **positive screening** for COVID 19.

At least 1 of the following symptoms:

- Fever of 100.4 or above
- Chills
- Vomiting
- New cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell



AND/OR at least 2 of the following symptoms:

- Fatigue
- Muscle or body aches
- Sore throat
- Diarrhea X2
- Congestion or runny nose
- Headache

- ★ Your child is also considered a **positive screening** if he/she has been exposed to someone with COVID-19, Exposure means that they have been in **close contact** with someone who has been diagnosed with COVID-19.

Who is considered a “close contact”?

Close contact is defined as someone within 6 feet of an infected person for more than 15 minutes over a 24-hour period. A person is considered infectious for 48 hours before his/her first symptoms develop.



The new CDC guidelines state that in the K-12 indoor classroom setting, the close contact definition now excludes students who were within 3 to 6 feet of infected students if both were wearing masks correctly.



Additionally, students or staff who are vaccinated against COVID-19 will not be required to quarantine unless they begin showing symptoms of the virus.

WHAT NEXT.....If my child has a positive screening?

- ★ If your child screens positive, is recommended that he/she be tested for COVID19. There are a number of options for getting tested:

If your child is positively screened while at school, the school nurse will be able to conduct a rapid COVID test with parental permission. The school nurse will contact you by phone if permission is needed for testing.

Testing is available to all Nashville residents at no cost.

There are two Community Assessment Centers located at the following sites:

- Nissan Stadium, Lot "N," 501 S 2nd St., Nashville, TN 37213
- Former Kmart Lot 2491 Murfreesboro Rd. Nashville, TN 37213

For other testing locations, visit the following websites...

- www.covid19.tn.gov/testing-sites
- www.asafenashville.org

...or call the Metro COVID-19 Hotline at (615) 862-7777

...If my child is COVID 19 positive?

If diagnosed with COVID-19 based on a test OR symptoms, your child may return to school:

- At least 10 days have passed since symptoms first appeared
- AND at least 24 hours with no fever without fever-reducing medications
- AND a significant improvement in symptoms

...If my child is COVID 19 negative?

- If they have had a negative COVID-19 test after the date of dismissal, your child may return to school once there is no fever without fever-reducing medications and has felt well for 24 hours.

- Student can return to school, following normal school policies, if they receive confirmation of an alternative diagnosis from a health care provider that would explain the COVID-19-like symptoms, once there is no fever without fever-reducing medications and they have felt well for 24 hours.

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My child is in quarantine because they were exposed to COVID-19; when may they return to school?

- ★ If your child has been “contact-traced” because they met the definition for having close contact with someone who is COVID-19 positive, they should remain at home in quarantine and may only return to school after following these guidelines:

Return on **Day 7** if:

After 6 days of quarantine, if your child does not have symptoms, he/she may get a PCR test (not a rapid test) and if negative, they may return to school on day 7.

Return on **Day 10** if:

After 10 days of quarantine, if your child does not have symptoms, they may return to school on day 10.

★ IMPORTANT: ★

QUARANTINE DAYS DO NOT BEGIN UNTIL AFTER YOUR CHILD'S LAST KNOWN EXPOSURE TO A COVID-19 POSITIVE PERSON. This means that if your child has a household member with COVID-19, your child's 7-10 day quarantine period does not begin until after their family member completes their 10 days of isolation and is no longer contagious.

Example: Student John Doe lives with confirmed positive sister Jane. Jane tested positive on 8/6/21. Jane's last day of isolation is 8/16/21. John needs to quarantine from the beginning of Jane's isolation on 8/6/21 until the end 8/16/21 PLUS an additional 7 days (with testing), so until 8/23/21 or 10 days (without testing) until 8/26/21. Potential quarantine is between 17 to 20 days. This scenario applies to any other household member that has tested positive for COVID-19.

Can my child receive the COVID-19 vaccine?

- ★ CDC recommends everyone 12 years and older should get a COVID-19 vaccination to help protect against COVID-19. Children ages 12 to 15 can receive vaccinations at Monroe Carell Jr. Children's Hospital and through the Metro Public Health Department. Vaccinations through both Vanderbilt and Metro Public Health are FREE to everyone.

COVID-19 vaccines through Vanderbilt:

Parents can make an appointment by calling the Vanderbilt COVID hotline at 888-312-0847 or by scheduling online by visiting www.childrenshospitalvanderbilt.org and clicking on the “schedule your shot” link .

Vaccine locations are offered at both Monroe Carell Jr. Children’s Hospital at Vanderbilt and at One Hundred Oaks Mall location.

COVID-19 vaccines through Metro Public Health:

No appointments are necessary for anyone age 12 and older to receive the vaccination through the Metro Public Health Department. Walk-ins are welcome from 8am—2:30pm at the following locations.

Lentz Public Health Center
2500 Charlotte Ave.

East Public Health Center
1015 Trinity Lane

Woodbine Public Health Center
224 Oriel Ave

For further questions regarding East End Prep’s policy and procedures related to COVID-19 screening and safety guidelines, please call the front office at (615) 747-6059 and ask for the school nurse.